Connecting to Care: Trauma Informed School Mental Health (TISMH) Logic Model (last updated 1/27/2026)

Vision: Connecticut will ensure that every student achieves optimal academic, social, emotional, behavioral and physical well-being.

Mission/Goal: Strengthen integration between school-and-community-based behavioral health Networks of Care by expanding the reach of trauma-informed frameworks and services, and improving the quality and sustainability of school mental health systems.

Context (Problem)

A need to strengthen school mental health quality and sustainability as a key component of the statewide System of Care for better access and outcomes for all students.

Inputs

- Carelon Behavioral Health
- Child Health and Development Institute (CHDI)
- Clifford Beers Clinic (CBC)
- Connecticut Children's Behavioral Health Plan Implementation Advisory Board (CBHPIAB)
- Connecticut Association of School Based Health Centers (CASBHC)
- Center for School Safety and Crisis Preparation
- Connecticut Children's Medical Center, Injury Prevention Center (CCMC)
- Connecticut Department of Children and Families (DCF)
- Connecticut State Department of Education (SDE)
- FAVOR, Inc. (FAVOR)
- National Center for School Mental Health (NCSMH)
- Regional Educational Service Centers (RESC)
- School-Youth-Family-Community partners
- Students and families
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- Trauma-Informed School Mental Health Task Force (TISMH)
- UConn Collaboratory on School and Child Health (CSCH)
- The Yale Consultation Center (TCC)

Activities

Systems Organization, Financing & Accountability
- Disseminate trauma-informed framework that integrates a MTSS logic model & update dictionary of terms to advance school mental health
- Promote collaboration among youth, families, schools, primary care & community stakeholders using the trauma-informed framework
- Support efforts to develop a blended funding strategy & policy to support expansion of school-based integrated health services
- Provide technical assistance to school teams to utilize the SHAPE System to impact quality and sustainability of services
- Advocate for state and local policies that promote optimal access & outcomes with a statewide trauma-informed network of care

Health Promotion, Prevention & Early Identification
- Develop professional development opportunities for youth, families, schools & providers in early identification of behavioral health issues (e.g., screening)
- Disseminate the trauma-informed framework as a blueprint to advance policy and strategic school district planning
- Increased awareness of health promotion, prevention & early identification strategies through websites and resource toolkits
- Promote utilization of MCIS and UCC in alignment with school-provider MOAs

Interventions and Ongoing Technical Assistance
- Implement Communities of Practice to support implementation and partnerships
- Provide resources to stakeholders (schools, families, providers, legislators) to support them in addressing behavioral health issues
- Partner with school-based/linked providers to incorporate services to meet the needs of students who need them most
- Promote appropriate school-based behavioral health services to meet the needs of all students

Family & Youth Partnership
- Enhance youth and family voice through collaboration/partnership between schools & community providers

Outputs

Systems Organization, Financing & Accountability
- **#/role** of participants in Task Force
- # school districts reached through school-based trauma informed outreach efforts
- # of school districts engaged through school-based trauma informed outreach efforts
- # school leaders attending outreach activities
- **#/%** of state school districts utilizing SHAPE System
- # school districts that reach SHAPE Silver status
- **#/type** of toolkits/resource documents disseminated & accessed
- # of schools/organizations that adopt statewide trauma-informed framework, MTSS model & dictionary of terms
- # of statewide funding plans/policies adopted

Health Promotion, Prevention & Early Identification
- # presentations by Task Force on Trauma-Informed framework, MTSS, & Dictionary of Terms
- # hits to trauma-informed school mental health landing page on plan4children.org website

Interventions and Ongoing Technical Assistance
- # presentations to health providers regarding trauma-informed care
- # school referrals to MCISs and UCCs
- # participants in Communities of Practice
- # school-based/linked providers accessing state-funded CLAS Toolkit or CARE tool

Family & Youth Partnership
- # families/youth participating in Task Force & activities related to trauma-informed school mental health

Outcomes

Short-term
Increased number/role of partners participating in Task Force

Increased number of school districts utilizing SHAPE System (e.g., achieving SHAPE Silver status)

Intermediate
Increased use of MCISs and UCCs by enrolled schools

Decreased referrals to Emergency Departments by enrolled schools

Increased participation of families & youth in Task Force & activities

Increased number of CONNECT enrolled schools

Long-term
Increased number of districts implementing trauma-informed approaches

Improved statewide SHAPE assessment scores related to quality and sustainability of school mental health systems

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MTSS – Multi-Tiered System of Support, **SHAPE** – School Health Assessment and Performance Evaluation System, **MCIS** – Mobile Crisis Intervention Services, **UCC** – Urgent Crisis Center, **MOA** – Memorandum of Agreement, **CLAS** – Culturally and Linguistically Appropriate Services

CTC Connecting to Care
connectingtocaret.org
plan4children.org

Partner Organizations: carelon Behavioral Health, CHDI, CONNECTICUT Children's and Families, FAVOR, Yale